

## **Visual, Performing, and Applied Arts Courses**

### **Middle School Art**

*Available for students in grades 6, 7, 8*

Students will be learning the rudiments of drawing, painting in tempera, and watercolor. They will construct simple dimensional art works. Color theory will be explored and used after tints, tones and shades are mastered. Harmonies such as: Complementary, Monochromatic, and Analogous will be taught. Calligraphy will be taught to Eighth Grade. Many of the drawing and painting projects are tied to teaching across the curriculum.

### **Middle School Band**

*Available for students in grades 6,7,8*

Middle School Band is an introduction to formal performance oriented music. Emphasis is on the large ensemble concept with much attention given to both the concert & competition opportunities. The 7th & 8th grade band also has the opportunity to perform at one High School Football game per year. Individual performance opportunities are also encouraged and available with participation at Jr. High Solo & Ensemble Festival.

## **Physical Education and Health Courses**

### **Physical Education and Health**

*Required for students in grades 6, 7, 8*

Physical education is a sequential, developmentally appropriate educational program that provides students with the knowledge, skills, fitness, and attitudes necessary to lead a healthy lifestyle. All students will show competence in the following six physical education content standards: motor skills and movement patterns, understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities, regular participation in lifelong physical activity, achieving and maintaining a health-enhancing level of physical fitness, exhibiting responsible personal and social behavior that respects self and others in physical activity settings, and value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction. The activities for this course include individual and team sports.